

# 1:1 THERAPY VOLUNTEER

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| <b>Role Title:</b>           | 1:1 Therapy Assistant  |
| <b>Brief Description:</b>    | This role involves helping our animal therapy staff in their one to one sessions. This might be chatting to the client, making brews, helping with the animals or helping with activities. It is best suited to individuals comfortable engaging with people and helping them feel at ease. It is perfect for those who want to gain experience working with animals in a 1:1 therapy setting.   |
| <b>Where:</b>                | Noah's A.R.T.<br>1-9 Borough Arcade, Hyde, SK14 2AA  |
| <b>What's in it for you?</b> | <ul style="list-style-type: none"> <li>• The chance to make a difference.</li> <li>• Enjoy new experiences &amp; develop new skills.</li> <li>• Excellent training opportunities.</li> <li>• Reasonable expenses covered.</li> <li>• Be a part of an amazing team and meet new people.</li> <li>• Gain experience working with animals.</li> <li>• Opportunity to meet others who care about animals.</li> <li>• Improve self esteem and confidence.</li> <li>• The chance to contribute to the work of Noah's A.R.T.</li> </ul> |
| <b>When:</b>                 | Wednesdays (1pm - 5.30pm) and/or Thursdays (1pm-5.15pm)  |
| <b>Duration:</b>             | Ongoing  |
| <b>Main Duties:</b>          | <ul style="list-style-type: none"> <li>• Communicate promptly with the volunteer coordinator and lead therapists.</li> <li>• Work as a team with the lead therapist and other volunteers .</li> <li>• Support clients to interact with the animals.</li> <li>• Be friendly, empathetic and attentive to clients' needs.</li> <li>• Maintain animal welfare standards during sessions.</li> <li>• Understand the selection of animals for therapy work and suitability of animals with different clients.</li> </ul>              |

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|                                 | <ul style="list-style-type: none"> <li>● Promote the safety of the animals during sessions, including allowing them to have the choice to interact or retreat.</li> <li>● Handle the animals confidently as needed.</li> <li>● Recognise the signs of stress in the animals and understand how to reduce stress.</li> <li>● Recognise signs of illness or injury in the animals.</li> <li>● Be aware of behaviour changes in the animals and report this to Noah's A.R.T. staff.</li> <li>● Report any incidents such as nipping, biting, etc. (to self or participants).</li> <li>● Help prepare and serve refreshments.</li> <li>● Help maintain hygiene standards, such as cleaning tables and washing dishes as required.</li> </ul>   |
| <p>About You:</p>               | <ul style="list-style-type: none"> <li>● You have an interest in mental health/animal welfare.</li> <li>● You are eager to learn.</li> <li>● You have access to email and phone.</li> <li>● You are polite, approachable, and friendly with good communication skills.</li> <li>● You can volunteer as part of a team of people from different backgrounds.</li> <li>● You are committed to equal opportunities and treat all individuals with respect.</li> <li>● You understand, and commit to, confidentiality.</li> <li>● You are punctual and reliable.</li> <li>● You are able to take initiative and adapt.</li> <li>● You are interested in developing your skills and experiences.</li> <li>● You are passionate about contributing to the work of Noah's A.R.T.</li> </ul> |
| <p>Skills &amp; Experience:</p> | <p>ESSENTIAL</p> <ul style="list-style-type: none"> <li>● 18+</li> <li>● Willingness to engage with challenging clients.</li> </ul> <p>DESIRABLE</p> <ul style="list-style-type: none"> <li>● Knowledge of mental health needs.</li> <li>● Experience working with children, young people and/or vulnerable adults.</li> <li>● Animal welfare knowledge.</li> </ul>  |

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| <p><b>About Us:</b></p>           | <p>Noah's A.R.T. is a family-run, community-based, not-for-profit social enterprise. It was founded in 2015 with a mission: to utilise the benefits of the human-animal bond to improve mental health and wellbeing in Greater Manchester.</p> <ul style="list-style-type: none"> <li>● We will provide on the job training, a volunteer induction and access to supervision if needed.</li> <li>● We also provide invaluable training opportunities in a variety of areas with ourselves and other organisations.</li> <li>● We will pay travel expenses and other expenses within reason (to be discussed with a member of staff prior to making a claim).</li> <li>● We provide a friendly and welcoming work environment and are understanding of differing individual circumstances; we try to be flexible where possible in order to accommodate.</li> <li>● If you have volunteered with us for three months or more we will be able to provide you with a reference.</li> </ul>  |
| <p><b>Other Requirements:</b></p> | <ul style="list-style-type: none"> <li>● We ask volunteers to provide two references if possible.</li> <li>● We require a DBS check.</li> <li>● Volunteers must be over 14.</li> <li>● Volunteers are expected to complete the online induction as well as attend relevant training.</li> <li>● Volunteers must adhere to Noah's A.R.T. policies, procedures, protocols and guidelines at all times.</li> <li>● Notify staff if you cannot attend as soon as possible.</li> <li>● Understand that you represent Noah's A.R.T. when volunteering, and behave respectfully, professionally and courteously to clients, carers, Noah's A.R.T. staff and other volunteers at all times.</li> <li>● Take reasonable care to avoid injury to yourself or others and report any accident or injury immediately.</li> <li>● Take safeguarding seriously and report any concerns to staff.</li> <li>● Understand that you must not disclose to a third party any confidential information you obtain whilst volunteering which is not available to the public.</li> </ul> |

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| <b>Benefits to Noah's A.R.T.</b> | <ul style="list-style-type: none"><li>● Extra support for staff during sessions.</li><li>● Extra support for clients during sessions.</li><li>● Improved safety of the animals.</li><li>● Quicker identification of health issues and risks to/from the animals.</li></ul> |
| <b>How to Apply:</b>             | Please fill out an application form or contact <a href="mailto:kate@noahs-art.co.uk">kate@noahs-art.co.uk</a> . You will then be invited to a meeting with myself to learn more about volunteering with us and discuss your volunteering goals.                            |